

Name _____ Email _____ Cell # _____

NORTH CAROLINA SOCIETY OF PATHOLOGISTS MENTORSHIP PROGRAM

The North Carolina Society of Pathologists, in collaboration with the society’s Trainee Advisory Council, is sponsoring a mentorship program for trainees in our state. This program will match interested residents and fellows from the four NC training programs with volunteer practicing pathologists. The goal is to foster a meaningful and collaborative relationship that provides trainees opportunities to learn from pathologists in various practice settings. The participants are asked to commit to the program for one year with the hopes of building a relationship that is rewarding for both parties. Participation is completely voluntary, and this is not a legally binding agreement or contract. Please email completed application to: ncpath@ncmedsoc.org

Goals should be discussed, agreed upon by both parties, and flexible. This plan should be used as a guide and revisited regularly. Recommended guidelines include (in no order):

- Open Communication
- Cultivate Trust Through Consistent Engagement
- Provide Advice on How to Achieve Professional and Career Goals
- Challenge Each Other With Open-Ended and Curious Questions
- Facilitate Learning Opportunities, potentially spending time at mentor’s practice setting
- Provide Bidirectional Feedback
- Follow-through and Avoid Generic Tips
- Share Core Values
- Meet (at least) Quarterly

Mentee/Mentor Section:

Please complete the questions below to facilitate the most appropriate mentor – mentee match, as determined by the NCSP Executive Committee and Trainee Advisory Council. Every effort will be made to match mentors and mentees based on professional interests, experience, and mentee preferences.

1. What practice setting are you most interested in for your career or currently work at? (e.g. academic, private, industry, other) Years in practice, if applicable.

2. What is your subspecialty interest or current subspecialty, if any?

3. Do you have any other specific preference for your mentor/mentee? (e.g. gender, ethnicity, age, marital status, children, etc.)



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4. Anything else you would like to share?

Set your goal (agree on 3-5 specific goals):

1. Understand workload responsibilities in the specific practice setting
 - a. _____
 - b. _____
 - c. _____
2. Encourage networking and business development skills
 - a. _____
 - b. _____
 - c. _____
3. Improve time management
 - a. _____
 - b. _____
 - c. _____
4. Develop diagnostic expertise in anatomic and/or clinical pathology
 - a. _____
 - b. _____
 - c. _____
5. Encourage active career planning and goal setting
 - a. _____
 - b. _____
 - c. _____
6. Other-
 - a. _____
 - b. _____
 - c. _____

Mutually agreeable guidelines:

1. Regularly scheduled meetings (describe date, time, cadence, method)
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2. Expectations for ongoing communications:

3. Confidentiality (definition):

4. Specific ground rules (off-limit issues, etc.):

5. On-going feedback/dialogue (define what is helpful):

6. Other:

