

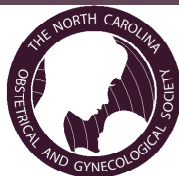
NORTH CAROLINA OBSTETRICAL AND GYNECOLOGICAL SOCIETY  
AND NORTH CAROLINA SECTION OF ACOG

# 2023 Annual Meeting



APRIL 14-16, 2023

GRANDOVER RESORT, GREENSBORO, NC



This continuing medical education activity is jointly provided by the North Carolina Obstetrical and Gynecological Society and the American College of Obstetricians and Gynecologists.



# 2023 Annual Meeting Overview

## TARGET AUDIENCE AND PURPOSE

The target audience for this meeting includes obstetricians and gynecologists in private practice and in academic medicine, residents in training, physician assistants, and advanced practice providers. This educational activity will update attendees on the latest medical knowledge available from medical literature, clinical experience and research, to keep practitioners on the forefront of new discoveries and their application to the practice of obstetrics and gynecology for the benefit of their patients.

## OBJECTIVES

At the end of this meeting, attendees should:

- Describe and be able to recognize OASIS injuries;
- Describe and be able to repair OASIS injuries;
- Development of obstetric emergency protocols;
- Describe and be able to recognize the certain changes in a patient's condition that can indicate an emergency that requires immediate intervention;
- To outline criteria for the identification of adnexal masses that are likely to be malignant;
- Understand how to screen for substance abuse in pregnancy;
- Understand care of the transgender patient.

## ACCME ACCREDITATION

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



## CREDIT STATEMENT

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 9.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## COLLEGE COGNATE CREDIT(S)

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 9.25 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows AMA PRA Category 1 Credits™ to be equivalent to College Cognate Credits.

## DISCLOSURE STATEMENT

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with ineligible companies relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

## AMERICANS WITH DISABILITIES ACT

The NC Obstetrical and Gynecological Society and the NC Section of ACOG are fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require

any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call NCOGS at (919) 833-3836 no later than 10 business days before the date of the activity.

## OPTIONAL SESSION

On Friday, an **Emergencies in Clinical Obstetrics Course** will be held for physicians, residents and advanced practice providers. The course will cover safety issues, common pathology seen, and more. Attendees may sign up for this session with their meeting registration for an additional \$50 or may register for the ECO Course only.

## MEETING FEATURES

Friday afternoon's ECO Course will be followed by the Welcome Reception.

The Saturday morning General Session kicks off with the ACOG Update by **Dr. Jennifer Villavicencio, MD, MPP, FACOG**, Saturday also features an advocacy update and the Annual Business Meeting as well as a transgender health panel and resident presentations. Saturday evening offers a reception, dinner and award presentations (see below), along with entertainment.

Sunday's session will provide an update on management of infertility and repair of complex perineal lacerations and concludes with your choice of breakout sessions on a wide range of wellness topics. Attire for all functions is business casual.

## DISTINGUISHED SERVICE AND HAROLD C. POLLARD, III AWARDS

On Saturday evening, the NC Obstetrical and Gynecological Society will present its 2023 Lifetime Achievement Award to **Lindsay Stephenson, MD** and the 4th Annual Harold C. Pollard, III Award to **M. Kathryn Menard, MD, MPH**.

## ACCOMMODATIONS

Conveniently and centrally located just off I-85, the newly-renovated Grandover Resort features two golf courses, tennis courts, indoor and outdoor pools, miles of scenic jogging trails, and a European-style spa. For reservations, call the Grandover at (800) 472-6301 and mention the NCOGS to receive the special group rate of \$249 single or double occupancy, plus tax. Reservations must be made prior to **March 23, 2023**.



## REGISTRATION INFORMATION

### REGISTER BY JANUARY 13<sup>th</sup> AND SAVE!

Participant fees include all meeting sessions, electronic versions of course handouts, the Friday evening welcome reception, the Saturday evening dinner and entertainment, daily breaks and two continental breakfasts. There is a \$85 fee for spouses/guests planning to attend the Saturday reception and dinner; the fee for children 4 to 12 years of age is \$30. Registration fees are waived for residents and medical students; however, the Saturday dinner fees will apply. **Register securely online at <https://cvent.me/mXy14X>**, or complete the form in this brochure and return it with payment prior to March 31; register by January 13<sup>th</sup> to receive the early-bird discounted rates. Refunds of registration fees will not be made after Friday, March 31<sup>st</sup>. Refunds, less \$25, will be made for cancellations received prior to that date. No-shows will be charged.

## QUESTIONS

Please contact the Society at (800) 722-1350 (NC only) or (919) 833-3836 or email [meberle@ncmedsoc.org](mailto:meberle@ncmedsoc.org).

# 2023 Meeting Schedule

## FRIDAY, APRIL 14

- 12:00pm-5:30pm Meeting Registration Open
- 1:00pm-4:00pm** ACOG Emergencies in Clinical Obstetrics Course
- 1:00pm-1:05pm Welcome and Introductions - **Velma V. Taormina, MD**, President and **April M. Miller, MD, MPH & Zineb Mashak, MD** Program Co-Chairs
- 1:05pm-4:00pm ECO Course - **Josh Nitsche, MD, PhD, Zineb Mashak, MD, Talla M. Widelock, MD**
- 5:15pm-6:45pm Welcome Reception and Networking with Exhibitors

## SATURDAY, APRIL 15

- 7:00am-3:00pm Meeting Registration Open
- 7:00am-8:00am Breakfast and Networking with Exhibitors
- 7:25am-8:00am Annual Business Meeting (no credit awarded)
- 8:00am-12:00pm GENERAL SESSION**
- 8:00am-8:05am Welcome and Introductions - **Velma V. Taormina, MD**, President and **April M. Miller, MD, MPH & Zineb Mashak, MD** Program Co-Chairs
- 8:05am-8:40am ACOG Update - **Jennifer Villavicencio, MD, MPP, FACOG**
- 8:40am - 9:25am Urogynecology for the Generalist OB/GYN – **Marcella Gray-Willis, MD**
- 9:25am-10:00am Break and Networking with Exhibitors
- 10:00am-10:30am Advocacy Update - **Rob Lamme**
- 10:30am-11:15am Health of the Transgender Patient Panel - **Clayton A. Alfonso, MD, Carly E. Kelley, MD, MPH, ECNU, Shaketha A. Gray, MD, Deanna Jones, Beverly A. Gray, MD**
- 11:15am-12:00pm Adnexal Masses for the Generalist OB/GYN – **Angeles Alvarez Secord, MD**
- 12:00pm-1:00pm Lunch
- 12:00pm-1:00pm Resident Lunch Forum - Careers in OB/GYN Roundtable
- 1:00PM-2:00PM RESIDENT PAPER PRESENTATIONS**
- 1:00pm Treating Mistreatment for a Healthy Learning Environment- **Reena Patel, MD (WFU)**
- 1:10pm Fetal Sex Dimorphism and Risk of Preeclampsia by Serum Biomarker Risk Stratification - **Elizabeth R Lemoine, MD (UNC)**
- 1:20pm Metformin's Impact on the Mitochondrial Function of Placental Stem Cells in Patients with Gestational Diabetes - **John Rowe, IV, MD (ECU)**
- 1:30pm Follow Up of Abnormal Cervical Cancer Screening: The Missing Link in Health Disparities? - **Elizabeth Godar, MD; Alexandra Mendoza, MD (MAHEC)**
- 1:40pm Doxil Does Not Affect Cardiac Function in Patients Treated for Gynecologic

1:50pm	Malignancies - <b>Khrystyna Levytska, MD, MSc (Atrium)</b> Q&A
2:00pm-2:45pm	The Dr Abe Mickal / Roy T Parker Lecture - Opioid Use Disorder in Pregnancy 101- <b>Nathan Mullins, MD</b>
2:45pm-3:30pm	Rural Medicine – <b>Paul Shackelford, MD, FACOG</b>
6:30pm-10:00pm	Reception/Dinner/Entertainment - Presentation of Lifetime Achievement Award to <b>P. Lindsay Stephenson</b> and presentation of Harold C. Pollard, III Award to <b>M. Kathryn Menard, MD, MPH</b> (pre-registration required)

## SUNDAY, APRIL 16

7:00am-11:00am	Meeting Registration Open
7:00am-8:00am	Continental Breakfast and Networking with Exhibitors
<b>8:00am-12:00pm</b>	<b>GENERAL SESSION</b>
8:00am-8:05am	Welcome and Introductions - <b>Velma V. Taormina, MD</b> , President, and <b>April M. Miller, MD, MPH &amp; Zineb Mashak, MD</b> Program Co-Chairs
8:05am-8:25am	Family Planning Update – <b>Amy Bryant, MD, MSCR</b> ( <i>no credit awarded</i> )
8:25am-9:10am	Reproductive Endocrinology and Infertility (REI) Topics for the Generalist – <b>Kelly S. Achyara, MD</b>
9:10am-9:50am	Complications of Perineal Repairs – <b>Catherine Matthews, MD</b>
9:50am-10:05am	Break and Networking with Exhibitors
10:05am-11:35am	<b>BREAKOUT SESSIONS</b>
10:05am-11:00am	<b>CONCURRENT SESSION #1</b> (Choose one of the 2 courses below)
11:00am-11:55am	<b>CONCURRENT SESSION #2</b> (Choose one of the 2 courses below)
	1. Wellness/Meditation – <b>Robyn Tiger, MD</b>
	2. Burnout/Effective Communication/How to Work Through Complications – <b>Rachel Miller, MD</b>
11:55am-12:00pm	Awarding of Resident Prizes and Closing Remarks



# NCOGS/NC SECTION OF ACOG 2023 ANNUAL MEETING

## April 14-16, 2023 - Grandover Resort, Greensboro, NC

Register securely online! Go to <https://cvent.me/mXy14X> or complete and return this form by mail or fax.

### PERSONAL INFORMATION *(please print)*

Name: \_\_\_\_\_ Degree(s) inc. FACOG: \_\_\_\_\_  
First name/Nickname for badge: \_\_\_\_\_  
Practice name/Affiliation: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Mobile: ( ) \_\_\_\_\_ E-mail: \_\_\_\_\_  
Spouse/guest name, if attending: \_\_\_\_\_  
Child(ren) name(s) and age(s), if attending: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_  
Dietary restrictions/accessibility needs: \_\_\_\_\_  
Last four digits of SSN: (required for CME purposes) \_\_\_\_\_

### REGISTRATION FEES *2023 dues must be current.*

*Choose one option from below:*

PRIOR TO 1/13 AFTER 1/13

#### 1. NCOGS MEETING NO ECO COURSE (Fri. PM - Sun.)

- |  |             |       |
|--|-------------|-------|
| <input type="checkbox"/> Member Physician.....           | \$350.....  | \$400 |
| <input type="checkbox"/> Non-member Physician.....       | \$550.....  | \$600 |
| <input type="checkbox"/> Senior/Retired Member.....      | \$250.....  | \$300 |
| <input type="checkbox"/> Resident/Medical Student .....  | \$-0- ..... | \$-0- |
| <input type="checkbox"/> Advanced Practice Provider..... | \$225.....  | \$275 |

#### 2. NCOGS MEETING WITH ECO COURSE (Fri. AM - Sun.; includes lunch) 15 spots available for ECO course

- |  |             |       |
|--|-------------|-------|
| <input type="checkbox"/> Member Physician.....           | \$400.....  | \$450 |
| <input type="checkbox"/> Non-member Physician.....       | \$600.....  | \$650 |
| <input type="checkbox"/> Senior/Retired Member.....      | \$300.....  | \$350 |
| <input type="checkbox"/> Resident/Medical Student .....  | \$-0- ..... | \$-0- |
| <input type="checkbox"/> Advanced Practice Provider..... | \$275.....  | \$325 |

#### 3. ECO COURSE ONLY (Fri. PM only) 15 spots available for ECO course

- |   |             |       |
|---|-------------|-------|
| <input type="checkbox"/> Member or Retired Physician..... | \$275.....  | \$325 |
| <input type="checkbox"/> Non-member Physician.....        | \$400.....  | \$450 |
| <input type="checkbox"/> Resident/Medical Student .....   | \$-0- ..... | \$-0- |
| <input type="checkbox"/> Advanced Practice Provider.....  | \$200.....  | \$250 |

**Registration Fees Total** \$ \_\_\_\_\_

### EVENT FEES *Preregistration required.*

*Indicate # attending in the space below.*

- |  |       |
|--|-------|
| _____ Friday Welcome Reception .....         | \$-0- |
| Saturday Dinner/Entertainment:               |       |
| _____ Registered MD/APP .....                | \$-0- |
| _____ Resident/Medical Student.....          | \$85  |
| _____ Spouse/Adult Guest of Registrant ..... | \$85  |
| _____ Child(ren) 4-12 years old.....         | \$30  |
| _____ Child(ren) under 4 years old.....      | \$-0- |

**Event Fees Total** \$ \_\_\_\_\_

**TOTAL FEES: \$** \_\_\_\_\_

(Total of registration and event fees)

### PAYMENT *(No refunds after March 31; refunds less \$25 will be made prior to March 31)*

Enclosed is check # \_\_\_\_\_ for \$ \_\_\_\_\_ payable to NCOGS, or  
Credit Card Type: Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ American Express \_\_\_\_\_  
Name as it appears on Card: \_\_\_\_\_  
Account #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
Signature: \_\_\_\_\_

Register securely **online**, or send this form and payment to:  
NCOGS, PO Box 27167, Raleigh, NC 27611 / Fax: (919) 833-2023