

**NCS-ACOF 2019 Conference**  
**Friday, August 13 – Sunday, August 15, 2021 Pinehurst Resort**

Date/Time	Lecture Topic	Speaker
<b>Friday , 8/13</b>	<b>Track: Musculoskeletal/Sports Medicine</b>	
<b>7:30 – 8:00</b>	<b>Breakfast</b>	
<b>8:00 – 9:00</b>	<b>Osteopathic Evaluation and Treatment Following Joint Replacement Surgery (Lecture + OMT training)</b>	<b>Eric Gish, DO</b>
<b>9:00 – 10:00</b>	<b>Sports medicine topic (TBD)</b>	<b>Andrew Martin, DO</b>
<b>10:00 – 10:15</b>	<b>Break</b>	
<b>10:15 – 11:15</b>	<b>TBA</b>	
<b>11:15 – 12:15</b>	<b>Osteopathic Approach to the Runner</b>	<b>Greg Hon, DO</b>
<b>12:30 – 1:30</b>	<b>Lunch – North Room</b> Speaker from Novo Nordisk	
	<b>Track: Obesity/Lipids/Nutrition</b>	
<b>1:30 – 2:30</b>	<b>Diabetes</b>	<b>Nicholas Pennings, DO</b>
<b>2:30 – 3:00</b>	<b>Break/ Visit with Exhibitors – North Room</b>	
<b>3:00 – 4:00</b>	<b>Osteoporosis</b>	<b>Ron Cottle, MD</b>
<b>4:00 – 5:00</b>	<b>Hyperlipidemia</b>	<b>James Cappola, MD</b>
<b>Total CME Hours: 7</b>		
<b>6:00 – 9:00</b>	<b>Reception on West Lawn Porch</b>	
<b>Saturday, 8/14</b>	<b>Track: COVID-19</b>	
<b>7:30 – 8:00</b>	<b>Breakfast- Cardinal Ballroom</b>	
<b>8:00 – 9:00</b>	<b>COVID-19 and Vaccine Update</b>	<b>Jacqueline Hicks, DO</b>
<b>9:00 – 10:00</b>	<b>COVID and Obesity</b>	<b>Tiffany Lowe Payne, DO</b>
<b>10:00 – 11:00</b>	<b>Break</b> <b>Visit Exhibitors – North Rm.</b> <b>Research Poster Event – Cardinal</b>	
<b>11:00 – 12:00</b>	<b>Neurological Sequelae of COVID</b>	<b>Megan Donnelly, DO</b>
<b>11:00 – 12:00</b>	<b>Lecture for students (Dogwood Rm)</b>	<b>Dr. Higdon to arrange for speaker</b>
<b>12:00 – 1:30</b>	<b>Lunch and Membership Meeting/ Poster Event Awards- Cardinal Ballroom</b>	

<b>Saturday pm</b>	<b>Track: Pain/Addiction Medicine</b>	<b>Speaker</b>
<b>1:30 – 2:30</b>	<b>PTSD and Chronic Pain</b>	<b>Major Larry Royer</b>
<b>2:30 – 3:30</b>	<b>Using Biofeedback to Treat PTSD and Pain</b>	<b>Jillian Ballantyne, Ph.D. Cpt. Andrew Christian</b>
<b>3:30 – 3:45</b>	<b>Break/Visit with Exhibitors- North</b>	
<b>3:45 – 4:45</b>	<b>Responsible Opioid Prescribing</b>	<b>NC Med. Board representative</b>
<b>4:45 – 5:30</b>	<b>Installation of Officers and thank you to outgoing President South Rm.</b>	<b>Representative from ACOFP</b>
<b>Total CME Hours: 6</b>		
<b>6:21 pm – 6:48 pm</b>	<b>Tee times for The Cradle Course</b>	
<b>Sunday, 8/15</b>	<b>Track: Miscellaneous</b>	
<b>7:30 – 8:00</b>	<b>Breakfast</b>	
<b>8:00 – 9:00</b>	<b>Chronic Kidney Disease Management in Primary Care</b>	<b>Christopher A Zagar MD FAAP</b>
<b>9:00 – 10:00</b>	<b>Builders and Breakers: Updates in Osteoporosis Management</b>	<b>Kira R. Harris, Pharm.D.</b>
<b>10:00 – 10:15</b>	<b>Break</b>	
<b>10:15 – 11:15</b>	<b>TBA</b>	
<b>11:15 – 12:15</b>	<b>Care of the Transgender Patient</b>	<b>Erin Washburn, DO</b>
<b>Total CME Hours: 4</b>		

**Total CME Hours for conference lectures: 17**

**Additional hour available for judging poster competition: 1**

**Total possible hours: 18**

The NC Osteopathic Medical Association (NCOMA) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The NCOMA designates this program for a maximum of 17 AOA Category 1-A credits and will report CME credits commensurate with the extent of the physician's participation in this activity.